



Erectile Dysfunction

According to researchers at the Johns Hopkins Bloomberg School of Public Health, more than 18 million men in the United States are affected by erectile dysfunction (ED). That means that roughly one in five men experiences ED.

ED can be caused by a number of factors, including psychological problems such as stress, anxiety, fatigue, or depression; or physical problems including certain prescription medications, nerve damage, cardiovascular disorders, operations for prostate cancer, or drug or alcohol abuse.

In the past, embarrassment has prevented many men from seeking treatment for this common condition. However, with so many effective treatment options available, there is no reason for most men to live with this condition.

It is normal for all men to experience ED from time to time, but if the problem lasts more than two months or is recurring, talk with your Primary Care Provider.

ED is a common problem that can be damaging to a man's or his partner's self-image, and can interfere in a normal sex life—but it doesn't need to. There is help available.

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